REFERENCE SYSTEM

In the following we present miniatures

of each page of the comic; within these are included a series of reference marks for various pictures which contain diverse graphic references. This way, the reader will find personalities, books, web pages of interest, etcetera, which complement the text, give information on certain aspects and aim to make reading it more pleasant.

This way, for example, in the first picture on page 15, a building appears in the

background, on which there is a large banner with the slogan "NO EXCLUSION". We bring this to your attention because this is not only merely a graphic or aesthetic resource, but it also serves to inform us of the existence of an awareness campaign promoted by the WHO in 2001.

We hope these references help, in the same way as the **Notes** compiled at the end of the book, to complete the basic information contained in the comic.

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HE'S THE MAIN
CHARACTER
OF OUR STORY...
CAN YOU SEE
HOW HE'S HAVING
FUN WITH HIS
FRIENDS NOW?
BUT HE WASN'T
ALWAYS LIKE THAT...

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- On the building in the background, a sign of No Exclusion. An awareness campaign of the World Health Organisation (WHO), year 2001. Slogan: "Yes to support, No to exclusion".
- **Graffiti on the wall**: Face of Antonin Artaud, French playwright.





On the wall of Luis' room: Sign from the Centre for Work Rehabilitation "Nueva Vida (New Life)", created in 1991, which comes from the Plan of Social Support for People with Serious and Chronic Mental Illness, of the Ministry of Family and Social Issues. The Community of Madrid. Spain.



- **1** Inside the car, GPS with destination: Tolerance.
- **2** On the wall, sign which makes reference to the magazine "Nanacinder".
- On the wall, portrait of Argentinean writer Julio Cortázar, author of Los sueños y la locura, in "La Nación", Buenos Aires, 14/10/1973. In Strictly not professional. Territories.

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IT WOULD BE ANOTHER POSTOR WHO WOULD ALEAR UP THEIR POSSITS. THE PERCHAPTREST FROM THE MENTAL HEALTH CENTRE.







- On the wall: Portraits of Unika Zurm, German writer and journalist. Jacobo Fijman, Argentinean poet; Alejandra Pizarnik, Argentinean poet.
- **Paper in the hands of Luis**: Article No son locos (They're not crazy), by the Spanish writer Rosa Montero.
- Books on the table:
 CIE-10, Diagnostic manual
 DSM IV, Diagnostic manual
 Psychiatric Reform. Desviat, M. (1995). Madrid. Ediciones DORS.

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Painting in the background, Melancholy, by Eduard Munch, Norwegian painter and engraver.



On the Psychiatrist's table:

- Book: La condición esquizofrénica, de Antonio Colodrón. Editorial Triacastela.
- Book: Guía informativa Básica. González Cases, J.;
 Castejón Bellmunt, MA. Edición, Board of Social Services.
 Counsel of Social Services. Community of Madrid. Spain.
- · Notebook: Blog of Matías Duvalier, en www.sie.es/crl
- · Book: Monte Miseria, Samuel Shem, Anagrama, 2004
- Portrait of the Psychiatrist Marianne Farkas. Psychiatric Hospital of Boston.
- On the wall, imitating a painting by Basquiat.
- On the wall, sign of the Fundación Manantial. www.fundacionmanantial.org On the wall, sign of the Asociación Psiquiatría y Vida.



- **On Luis' sister's t-shirt**: Screenprint with slogan of Project Chamberlin.
- 2 On the wall: "We are all part of the treatment of mental illness". Social awareness campaign of the Ministry of Health and Consumers. Spain. Year 2005.
- 3 In the city:
 - Hoarding of the web page of the Rehabilitation Centre "Nueva Vida", www.sie.es/crl (published in April 1999)
 - Hoarding of the Plan of Social Support for People with Seriuos and Chronic and Mental Illness, of the Ministry of Family and Social Issues. The Community of Madrid.
 - On a hoarding, image of Russian dancer Vaslav Nijinski.
 - The child, in the foreground, is reading a copy of La Gaceta del CRL (1993), a publication produced completely by people in the process of work rehabilitation in the Work Rehabilitation Centre "Nueva Vida" in Madrid.
- On the wall of the Psychosocial Rehabilitation Centre, imitating a painting by Rothko, painter and engraver, born in Letonia.



Signs in the street:

- FAISEM: Fundación Andaluza para la Integración Social del enfermo mental (Andalusian Foundation for Social Integration of those with mental illness). Body of the Health Ministry that manages residences, occupational programmes and the development of associations which help people with mental illness.
- INICO: Instituto Universitario de Integración en la Comunidad. (University Institute for Integration in the Community). Its function is to carry out investigation, specialised training and assessment aimed at boosting, facilitating and improving the living conditions of the people in a disadvantaged social situation. University of Salamanca. Spain.

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- Cover of the first issue of La Gaceta del CRL, published in 1993.
- Posters on social awareness web pages: www.headroom.net.au www.itsallright.org





- 1 In the background, man painting a picture: Jackson Pollock, American painter.
- 2 On the wall, graffiti: Face of R.P. Liberman. American psychiatrist.
- On Luis' desk:

Optimismo inteligente, Carmelo Vázquez. Professor of Psychopathology at the Complutense University of Madrid. Spain. Positive Psychology, Martin E.P. Seligman, American psychologist. Game Theory, by John Forbes Nash, American mathematician. Illustration on Luis' book: Portrait of John Forbes Nash.

On the psychiatrist's table:

Work rehabilitation of people with chronic mental illness: Basic Programmes of Intervention. Technical Manual of the Ministry of Social Services of the Community of Madrid. (2001)

Questionnaire on the motivation to work in people with chronic mental illness. Colis, Coy, Galilea, López, Pascual (1996). Work rehabilitation of people with chronic mental illness: Basic intervention programmes. Technical manual of the Ministry of Social Services of The Community of Madrid. (2001)

Schizophrenia: Psychological and psychiatric principles of rehabilitation. Aldaz, J.A. y Vázquez, C. (Comps) (1996). Madrid. Ed. S.XXI.





- In the background, facade of the Work Rehabilitation Centre "Nueva Vida".
- In the background, on the wall, triptych of the Plan for Social Support of People with Seriuos and Chronic Mental Illness, carried out by Project REdES.
- On the table of the Director of the Work Rehabilitation Centre "Nueva Vida", a copy of La Gaceta del CRL and the annual report of the CRL "Nueva Vida", (www.sie.es/crl)
- In the third picture, in the workshop, on the computer screens:

Web page of social awareness "1 de cada 4". www.1decada4.es

Web page of the Asociation Mano a Mano, carried out and maintained by the Project REdES.www.manoamano.net

- **At the back of the workshop, on the easel**, painting of August Walla, Austrian painter.
- 6 In the classroom of the IT college which Luis attends, On the computer screens:

Web page of the Work Rehabilitation Centre "Nueva Vida": www.sie.es/crl

Web page of Project REdES: www.proyectoredes.org Web page of the Project Chamberlin:

www.proyectochamberlin.org

Web page of the AEN. Spanish Association of Neuropsychiatry: www.aen.es

Web page of the WPA. World Psychiatric Association: www.wpanet.org

Web page of the Madrid Association of Mental Health, developed by Project REdES: www.sie.es/amsm

On the walls of the classroom:

Poster of I Conferences on Work Organisation in New Technologies, organised by Project REdES.

Poster of III Congress of the Madrid Association of Psychosocial Rehabilitation, carried out by Project REdES.

Poster of National Empowerment Center: www.power2u.org

- **Blue keypad of Luis**: Bip Bip prize for the best national project Solidarity and Technology, awarded to Project REdES. The foundation Bip Bip, a non-profit-making body whose goal to make new technologies accessible to disadvantaged groups.
- **Slide projector**: Shifting of Role, by Virginia Galilea and José Augusto Colis.



On the wall of the discotheque:

Poster of Jaco Pastorius, American composer, jazz and funk bassist.

Poster of Kurt Cobain, American singer, leader of the group Nirvana.



On the screen of Luis' computer:

Web page of MDRI (Mental Disability Rights International): www.mdri.org

On the office computer screen:

Web page of La Gaceta Digital del CRL, page designed and developed by people in the process of work rehabilitation: www.gacetacrl.com

On the screen, Luis' work: Stories of recovery, at www.mhrecovery.com

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